

Inbrija[®]
(levodopa inhalation powder)
42 mg capsules

HELPFUL HINTS

Tips for Getting Started

Welcome to INBRIJA® (levodopa inhalation powder)!

Using INBRIJA may take some practice at first, so we're providing you with the following helpful hints to make your experience as smooth as possible.

- **Stand or sit up straight** and look straight ahead while breathing in. **Hold the inhaler level** when you're using INBRIJA.
- **Breathe in slowly and gently, just enough to hear or feel the capsule whirl (this means you are getting your medicine).** Hold your breath for a few seconds. Just remember, you don't need to breathe in strongly.
- **You may take more than one breath** per capsule if it's easier for you.
 - Some people have found that **breathing in shorter puffs** the first few times you use the inhaler **may help to reduce coughing**
- **It's common to cough** as you breathe in but try not to. **If you cough out the medicine, it will reduce the amount you receive** in your body.
 - Some people have found that **sipping liquid before and/or after** breathing in the medicine helps with cough
 - As you're breathing in, if you feel like you might cough:
 - Hold your breath for a few seconds
 - Wait until the feeling goes away
 - Take a sip of liquid
 - Breathe in again with the same capsule
 - For some people, coughing may feel like the sensation of choking
 - And remember, if you cough, it's expected. Just breathe in again with the same capsule
- **To clean the inhaler**, use a new, dry cotton swab to wipe the powder off of the holes from both sides of the mouthpiece with a circular motion. (See Step 14 in Instructions For Use).
 - You can also use a dry tissue to wipe the outside of the mouthpiece
 - **Do not clean any other parts** of the inhaler. **Do not rinse the mouthpiece or get the inhaler wet**

Please see Patient Information Leaflet and Instructions For Use by visiting www.INBRIJAlabel.com.

If you have any questions about INBRIJA or would like to speak with a Nurse Educator for additional training tips, please contact us directly or visit our [website](#).

Call toll-free 1-888-887-3447

8 AM to 8 PM ET, Monday through Friday
INBRIJA.com/HelpfulHints



INBRIJA is a prescription medicine used when needed for OFF episodes in adults with Parkinson's treated with regular carbidopa/levodopa medicine. INBRIJA does not replace regular carbidopa/levodopa medicine.

Important Safety Information

Do not use INBRIJA if you take or have taken a nonselective monoamine oxidase inhibitor such as phenelzine or tranylcypromine within the last 2 weeks.

Before using INBRIJA, tell your healthcare provider about your medical conditions, including:

- asthma, chronic obstructive pulmonary disease (COPD), or any chronic lung disease
- daytime sleepiness, sleep disorders, sleepiness/drowsiness without warning, or use of medicine that increases sleepiness, including antidepressants or antipsychotics
- dizziness, nausea, sweating, or fainting when standing up
- abnormal movement (dyskinesia)
- mental health problems such as hallucinations or psychosis

- uncontrollable urges like gambling, sexual urges, spending money, or binge eating
- glaucoma
- pregnancy or plans to become pregnant. It is unknown if INBRIJA will harm an unborn baby.
- breastfeeding or plans to breastfeed. Levodopa can pass into breastmilk and it is unknown if it can harm the baby.

Tell your healthcare provider if you take:

- MAO-B inhibitors
- dopamine (D2) antagonists (including phenothiazines, butyrophenones, risperidone, metoclopramide)
- isoniazid
- iron salts or multivitamins that contain iron salts

Please see additional Important Safety Information on back cover.

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Additional Important Safety Information

Do not drive, operate machinery, or do other activities until you know how INBRIJA affects you. Sleepiness and falling asleep suddenly can happen as late as a year after treatment is started.

Tell your healthcare provider if you experience the following side effects:

- **falling asleep during normal daily activities** with or without warning. If you become drowsy, do not drive or do activities where you need to be alert. Chances of falling asleep during normal activities increases if you take medicine that cause sleepiness.
- **withdrawal-emergent hyperpyrexia and confusion** (fever, stiff muscles, or changes in breathing and heartbeat) if you suddenly stop using INBRIJA or carbidopa/levodopa, or suddenly lower your dose of carbidopa/levodopa.
- **low blood pressure** when standing up (that may be with dizziness, fainting, nausea, and sweating). Get up slowly after sitting/lying down.
- **hallucinations and other psychosis** – INBRIJA may cause or worsen seeing/hearing/believing things that are not real; confusion, disorientation, or disorganized thinking; trouble sleeping; dreaming a lot; being overly suspicious or feeling people want to harm you; acting aggressive; and feeling agitated/restless.

- **unusual uncontrollable urges** such as gambling, binge eating, shopping, and sexual urges has occurred in some people using medicine like INBRIJA.
- **uncontrolled, sudden body movements (dyskinesia)** may be caused or worsened by INBRIJA. INBRIJA may need to be stopped or other Parkinson’s medicines may need to be changed.
- **bronchospasm** – people with asthma, COPD, or other lung diseases may wheeze or have difficulty breathing after inhaling INBRIJA. If this occurs, stop taking INBRIJA and seek immediate medical attention.
- **increased eye pressure** in patients with glaucoma. Your healthcare provider should monitor this.
- **changes in certain lab values** including liver tests

The most common side effects of INBRIJA are cough, upper respiratory tract infection, nausea, and change in the color of saliva or spit.

Do not orally inhale more than 1 dose (2 capsules) for any OFF period. Do not take more than 5 doses (10 capsules) in a day.

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