Do you take carbidopa/levodopa and find your Parkinson's symptoms still return, commonly known as an OFF episode?



Speak up—your doctor wants to know and may be able to help

There may be something you can do to help with the return of symptoms



IT'S IMPORTANT FOR YOUR DOCTOR TO FULLY UNDERSTAND YOUR SYMPTOMS SO THEY CAN HELP YOU GET THE CARE YOU NEED.

It's okay to be open and honest with them. This guide will help you talk to your doctor about the return of Parkinson's symptoms also known as OFF episodes.

What is INBRIJA?

INBRIJA is an inhaled levodopa prescription medicine used to treat the return of Parkinson's symptoms (known as OFF episodes) in people with Parkinson's disease who are treated with carbidopa/levodopa medicines. INBRIJA does not replace regular carbidopa/levodopa medicine. It is not known if INBRIJA is safe or effective in children.

INBRIJA® (levodopa inhalation powder) IMPORTANT CONSUMER SAFETY INFORMATION

Do not use INBRIJA if you: take or have taken a nonselective monoamine oxidase inhibitor such as phenelzine or tranylcypromine within the last 2 weeks.

Before using INBRIJA, tell your healthcare provider about your medical conditions, including if you:

- have asthma, chronic obstructive pulmonary disease (COPD), or any chronic lung disease
- have daytime sleepiness, sleep disorders, sleepiness/drowsiness without warning, or use medicine that increases sleepiness, including antidepressants or antipsychotics

Please see additional Important Safety Information throughout and the Patient Information Leaflet at <u>www.INBRIJA.com</u>.

You may not realize when Parkinson's symptoms are returning, commonly known as an OFF episode

INBRIJA was not evaluated for the treatment of non-motor symptoms.

Fill out this questionnaire to learn more:

1	Are you ever surprised by the return of Parkinson's symptoms? (CHECK ALL THAT APPLY)	2	How does the retu symptoms make y	-	
\bigcirc	Always O Never				
\bigcirc	Sometimes				
3	Have your Parkinson's symptoms returned during any of the following situations? (CHECK ALL THAT APPLY)	4	Have you avoided any activities due to concern about the return of Parkinson's symptoms? (CHECK ALL THAT APPLY)		
\bigcirc	While spending time with family	0	There are many things I won't	\bigcirc	I'm worried I will have to stop some activities in the future for this reason I haven't stopped any activities
\bigcirc	While out in public (for example, in a restaurant or park)	\sim	do anymore I've cut back on doing some of my favorite activities		
\bigcirc	While at work	\bigcirc			
\bigcirc	On an important day (for example, a wedding or birthday)				
\bigcirc	While joining in outdoor activities				

Its important that you share your full medical history and talk openly with your doctor about any symptoms or concerns you may have

IMPORTANT CONSUMER SAFETY INFORMATION (continued)

Before using INBRIJA, tell your healthcare provider about your medical conditions, including if you: (continued)

- have dizziness, nausea, sweating, or fainting when standing up
- have abnormal movement (dyskinesia)
- have mental health problems such as hallucinations or psychosis
- have uncontrollable urges like gambling, sexual urges, spending money, or binge eating
- have glaucoma
- are pregnant or plan to become pregnant. It is unknown if INBRIJA can harm your unborn baby.
- are breastfeeding or plan to breastfeed. Levodopa can pass into breastmilk and it is unknown if it can harm the baby.



Let's talk about when your Parkinson's symptoms return, commonly known as an OFF episode

This is an example of how you can use this guide to start talking with your docto	r about symptom return.
" I would like to talk about the ways that symptom return has affected me. I am $_$	(YOUR ANSWER TO QUESTION 1)
surprised by symptom return, and it makes me feel(YOUR ANSWER TO QUESTION 2)	. These symptoms have
even returned during events in my life like(YOUR ANSWER TO QUESTION 3)	-
Because of this,(YOUR ANSWER TO QUESTION 4)	
Can we discuss if INBRIJA is right for me?	
It's important to make sure your doctor understands how symptom return impacts your life. Be sure to bring this guide with you to your next checkup.	
Scan the QR code	

IMPORTANT CONSUMER SAFETY INFORMATION (continued)

to watch INBRIJA Patient Stories

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

Using INBRIJA and certain other medicines may affect each other and cause serious side effects. **Especially tell your healthcare provider if you take:**

- MAO-B inhibitors
- dopamine (D2) antagonists (including phenothiazines, butyrophenones, risperidone, metoclopramide)
- isoniazid
- iron salts or multivitamins that contain iron salts

How should I use INBRIJA?

INBRIJA is **for oral inhalation use only. Do not** swallow or open INBRIJA capsules. Only use INBRIJA capsules with the INBRIJA inhaler. **Do not** use the INBRIJA inhaler to take any other medicine.

Do not orally inhale more than 1 dose (2 capsules) for any OFF period. **Do not** take more than 5 doses (10 capsules) in a day.

INBRIJA was not evaluated for the treatment of non-motor symptoms

Please see additional Important Safety Information throughout and the Patient Information Leaflet at <u>www.INBRIJA.com</u>.



IMPORTANT CONSUMER SAFETY INFORMATION (continued)



What should I avoid while taking INBRIJA?

Do not drive, operate machinery, or do other activities until you know how INBRIJA affects you. Sleepiness and falling asleep suddenly can happen as late as a year after treatment is started.

What are the possible Side Effects of INBRIJA?

INBRIJA can cause serious side effects including:

- falling asleep during normal daily activities with or without warning. If you become drowsy, do not drive or do activities where you need to be alert for your safety or the safety of others. Chances of falling asleep during normal activities increases if you take medicine that cause drowsiness.
- withdrawal-emergent hyperpyrexia and confusion (fever, stiff muscles, or changes in breathing and heartbeat) if you suddenly stop using INBRIJA or carbidopa/levodopa, or suddenly lower your dose of carbidopa/levodopa.
- **low blood pressure** when standing up (that may or may not happen with dizziness, fainting, nausea, and sweating). Get up slowly after sitting/lying down.
- hallucinations and other psychosis INBRIJA may cause or worsen seeing/hearing/believing things that are not real; confusion, disorientation, or disorganized thinking; trouble sleeping; dreaming a lot; being overly suspicious or feeling people want to harm you; acting aggressive; and feeling agitated/restless.
- **unusual uncontrollable urges** such as gambling, binge eating, shopping, and sexual urges has occurred in some people using medicine like INBRIJA.
- **uncontrolled, sudden body movement**s (dyskinesia) may be caused or worsened by INBRIJA. INBRIJA may need to be stopped or other Parkinson's medicines may need to be changed.
- **bronchospasm** people with asthma, COPD, or other lung diseases may wheeze or have difficulty breathing after inhaling INBRIJA. If this occurs, stop taking INBRIJA and seek immediate medical attention.
- increased eye pressure in patients with glaucoma. Your healthcare provider should monitor this.
- changes in certain lab values including liver tests.

The most common side effects of INBRIJA are cough, upper respiratory tract infection, nausea, and change in the color of saliva or spit. Another side effect of INBRIJA is sensation of choking right after use.

These are not all the possible side effects of INBRIJA

- Call your doctor for medical advice about side effects.
- You are encouraged to report negative side effects of prescription drugs to the FDA. Visit <u>www.fda.gov/medwatch</u> or call 1-800-FDA-1088.

The risk information provided here is not comprehensive. To learn more:

- Talk to your health care provider or pharmacist.
- Visit <u>www.inbrija.com</u>
- Click here to obtain the Full Prescribing Information, Patient Information, and Instruction for Use
- Call 1-800-367-5109

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